

Recipe Name: PLUM/THYME TEA

Ingredients:

green tea bags (I used Bigelow decaffeinated)

3 Cups boiling water

2 Tbsp honey

plums, sliced

8 sprigs fresh thyme

Steps to follow:

Steep tea bags in boiling water for 10 minutes. Discard tea bags. Allow to cool. Stir in honey, plums, thyme. Refrigerate for at least 1 ½ hours. Serve over ice with plums and a sprig of thyme for garnish.

By Cindy O'Donnell and Karen Miller